Smith is the frontrunner for the 2006 Heisman Trophy award. As his Congresswoman, I am confident that he will receive this honor.

I have been a Troy Smith booster for many years. I have personally known Troy since 1999, when he and my son Mervin attended St. Edwards High School together. I have known Troy's father, Irvin, since kindergarten, when we attended Mile Standish Elementary School in Cleveland, Ohio. We have maintained a friendship throughout the years. I am so proud of Troy Smith's accomplishments and pray that God continue to bless him, keep him healthy, and give him the wisdom to make good decisions.

It is thus my pleasure, on behalf of the people of the 11th Congressional District, to recognize the exceptional accomplishments of Ohio State University football player Troy Smith, one of our own.

RECOGNIZING JARED DANIEL MA-LONE FOR ACHIEVING THE RANK OF EAGLE SCOUT

HON. SAM GRAVES

OF MISSOURI

IN THE HOUSE OF REPRESENTATIVES

Wednesday, December 6, 2006

Mr. GRAVES. Mr. Speaker, I proudly pause to recognize Jared Malone, a very special young man who has exemplified the finest qualities of citizenship and leadership by taking an active part in the Boy Scouts of America, Troop 357, and in earning the most prestigious award of Eagle Scout.

Jared has been very active with his troop, participating in many scout activities. Over the many years Jared has been involved with scouting, he has not only earned numerous merit badges, but also the respect of his family, peers, and community. It is with extreme pleasure that I commend the dedication Jared has shown.

Mr. Speaker, I proudly ask you to join me in commending Jared for his accomplishments with the Boy Scouts of America and for his efforts put forth in achieving the highest distinction of Eagle Scout. I am proud to represent Jared in the United States House of Representatives.

THE HONORABLE LEON L. WILLIAMS—A TRUE INSPIRATION TO ALL

HON. BOB FILNER

OF CALIFORNIA

IN THE HOUSE OF REPRESENTATIVES Wednesday, December 6, 2006

Mr. FILNER. Mr. Speaker, earlier this year, the city of San Diego had the honor of recognizing one of its greatest civic and progressive leaders, the Honorable Leon L. Williams who finally retired, after more than three decades of public life.

Early in his career, Leon was an executive with the San Diego Urban League, a director of the Neighborhood Youth Corps and an administrative assistant to three county sheriffs. Leon used these early positions to become a voice for police reform—advocating a community-based police approach long before it became popular or trendy.

Many present and former elected officials have greatly benefited from the knowledge and wisdom of Leon over these past 30 years. Whether as a member of the San Diego City Council, the San Diego County Board of Supervisors or as Chairman of the Metropolitan Transit Development Board, Leon's statesman-like qualities and demeanor were appreciated, admired and copied by many of his colleagues, associates and staff members.

As a strong advocate for developing older neighborhoods, not discarding them, Leon led the charge to create the Centre City Development Corp. and the Southeast Economic Development Corporation (SEDC). An unquestioned authority on urban transportation issues, Leon's ideas and vision helped San Diego develop a top-notch transportation system. That is why, in 2004, Leon was selected Board Member of the Year by the American Public Transportation Association. Also, Leon strongly believed, correctly I might add, that the San Diego Trolley System would bring the many neighborhoods of San Diego closer together.

Several of Leon's towering contributions to San Diego remain in place today and have blossomed; for example, both the Trolley and SEDC have grown and continue to provide well paying jobs and numerous business opportunities to residents living in southeastern San Diego.

Even in retirement, Leon remains gracious with his time, civic expertise and wisdom by helping to improve the quality of life for all San Diegans.

The Honorable Leon L. Williams truly has been an inspiration to all of San Diego.

COMMENDING THE SERVICE OF JAMES K. CONZELMAN TO THE U.S. HOUSE OF REPRESENTA-TIVES

HON. MICHAEL G. OXLEY

OF OHIO

IN THE HOUSE OF REPRESENTATIVES Wednesday, December 6, 2006

Mr. OXLEY. Mr. Speaker, behind every successful Member of Congress is a good staff. When I was elected in 1981, I was told that my first and most important decision would be to find an outstanding Chief of Staff who could build a loyal and effective team.

That first decision turned out to be my best. Jim Conzelman has been my only Chief of Staff during an amazing 25 years in the history of the House of Representatives and our Country. He is a trusted aide and personal friend who has played an integral role in our accomplishments on behalf of the Fourth District and the Nation as a whole.

Jim came to me from that hotbed of political activism—Bozeman, Montana—with credentials from the Ford presidential campaign, the Select Committee on Assassinations, and a Member office. I was the newest recruit of a minority party near its low ebb in the House.

But it was a good time to be young and a Republican because the Reagan Revolution had begun. As I cast votes to advance the President's agenda, Jim assembled a support team that allowed me to meet my twin objectives of becoming a respected legislator in Washington and a persuasive advocate for my constituents.

The foundation that Jim built proved to be a lasting one during the quarter-century that followed. There have been memorable legislative battles, from telecommunications reform to financial services modernization to the Sarbanes-Oxley Act. In 2001, we made the unprecedented move from the Commerce Committee to the newly created Financial Services Committee. As counselor to the chairman, Jim helped me organize a committee soon recognized for its productivity and responsiveness to all of its members.

Jim inspires great loyalty by treating everyone he meets with respect. Considering the transient nature of most staff, the retention rate in my office is unheard of. My core staff when I announced my retirement had combined legislative experience of more than 250 years, a true tribute to Jim's management skills. Many other staffers have gone on to successful careers after getting their first "break" from Jim, who remembers the feeling of starting a career in a city where the U.S. Capitol exerts a magical influence.

In a town where success often depends on the relationships you build, Jim has thrived professionally through the strength of his personal character. It is evident in both his work on the Hill and his volunteerism for charitable causes like the Multiple Sclerosis Society. I am reminded of the observation that Doris Kearns Goodwin made in Team of Rivals, her book about Lincoln, that "the qualities we generally associate with decency and morality—kindness, sensitivity, compassion, honesty, and empathy—can also be impressive political resources."

Jim's ideals have remained the same since the day he arrived in Washington from Montana. He came for the same reason we all come—to serve the people and our Country. It is above all a privilege, but that should not prevent us from showing appreciation to those who have done the job well. With gratitude, "Team OXLEY" salutes Jim Conzelman for his service.

HOOKED ON HEALTH

HON. SANFORD D. BISHOP, JR.

OF GEORGIA

IN THE HOUSE OF REPRESENTATIVES $Wednesday,\ December\ 6,\ 2006$

Mr. BISHOP of Georgia. Mr. Speaker, I rise today to recognize the work of the Southwest Georgia Public Health District's Hooked on Health campaign. Today, many in my home state of Georgia are suffering from poor health. One in four adults is obese and only two in five adults in Georgia are regularly active. Poor health choices put all of our communities at risk for major health problems, like cardiovascular disease. The growing rates of obesity and inactivity will continue to impact our communities if we do not take action to reverse these trends.

There are simple, yet highly effective, solutions to this growing health crisis. Under the leadership of the District Health Director, Dr. Jacqueline H. Grant, MD, the Public Health District in Southwest Georgia launched the Hooked on Health wellness campaign in January 2006 to address three major health priorities: promoting healthy lifestyles, reducing health disparities, and engaging community and educational partners in these efforts.

Hooked on Health approaches these priorities through a campaign model designed to increase physical activity, improve nutritional choices, and reduce tobacco use and lower stress

The campaign brings in motivational speakers and introduces wellness activities and incentives from community partners, such as reduced fees at health clubs and health screenings. Hooked on Health has modeled this program to community partners representing local businesses, hospitals, school systems, government and nonprofits.

The success of the campaign in its first year shows that an investment in healthy choices makes an important impact. After just 8 months, the wellness campaign teams reported: 1,029 pounds lost, 13 improved lipid profiles, 21 hypertensive employees met blood pressure goals, four diabetics improved Hg A1C (a glucose control measure), one smoker quit and two decreased, and 88 percent are still engaged.

Jim Pericaud, a Public Health employee who participated in the Hooked on Health campaign, reported, "I started riding my bike to work last July. I ride to work 2 to 3 days a week. My wife has encouraged healthy eating by preparing meals of lean meats, fish and vegetables. I also do weight training. I have lost 15 pounds since July and I feel great!"

I appreciate the opportunity to discuss the challenges facing our country's overall health and to highlight the solutions promoted through Hooked on Health in southwest Georgia as a model for employers, school systems and community groups across the country.

TRIBUTE TO THE SHARE AND CARE FOUNDATION

HON. FRANK PALLONE, JR.

OF NEW JERSEY
IN THE HOUSE OF REPRESENTATIVES
Wednesday, December 6, 2006

Mr. PALLONE. Mr. Speaker, I want to thank the Share and Care Foundation for their charitable work in India. Their annual gala was recently held at the New Jersey Performing Art Center in Newark, New Jersey on Saturday, November 4th. I was pleased to attend that evening. This event marked the kickoff of their forthcoming Silver Jubilee of helping the challenged, especially women and children, in the fields of education, improving healthcare and social uplifting. They have also worked in emergency situations like earthquakes, floods, the tsunami, and September 11, etc. The majority of their work is carried out by volunteers who are professionals or entrepreneurs.

Mr. Speaker, I would like to specially commend Dr. Ketki Shah who has been closely involved with the Share and Care Foundation. Dr. Shah, a Diplomate, American Board of Psychiatry and Neurology, is an experienced Psychiatrist with specializations Psychopharmacology and Addiction Psychiatry. She is a low keyed humanitarian with the sole purpose of helping people who need help. She attended a global women's conference in Geneva to promote peace in the world. Her work including field visits during emergencies like earthquakes and the 2004 tsunami are remarkable. Her work as a chairperson of the medical committee is directly correlated with over ten million dollars of medical equipment and medical supplies that have been sent to India. This has generated tremendous benefit, especially for the people who are challenged and need our attention. She has demonstrated that excess and unuseful resources of one society can be diverted for the betterment of another society.

Dr. Ketki Shah's selfless work has earned the goodwill of many, especially those who are also involved in humanitarian work. This year, humanitarian Shabana Azmi and her husband Javed Akhtar appeared on stage in a riveting performance that highlighted the career of Shabana's father, a renowned poet and a freedom fighter. Shabana Azmi, leading star of Indian Cinema, is an outstanding social activist, a passionate advocate of human rights, and a prominent humanitarian. Her work in each of the areas has been exceptional and has earned her a long list of awards, recognitions and medals including Padma Shri, one of the prestigious recognitions in India.

She was one of the sixteen women to whom tributes were paid by President Mitterrand of France in 1989 on Bicentenary celebrations of International Human Rights. In 1993, she was invited to Cape Town to present "The News maker of the year award" to President Nelson Mandela. She has been appointed the United Nations Goodwill Ambassador on Population and Development. She was selected to Rajva Sabha by the President of India. On October 26, 2006, she was the first Indian to receive a prestigious Gandhi Peace award presented at the House of Commons, London. Previous recipients of this award include Nobel Laureates: Honorable Dalai Lama and Archbishop Desmond Tutu.

She had lead march of 4 days for communal harmony from Delhi to Meerut. Her heart goes to the economically challenged for whom she undertook a 5 day hunger strike and as a Chairman of Nivara Hakk, she has managed to get alternative land for slum dwellers. Her struggle for the poor in India has now resulted in the construction of 30,000 homes under a tripartite agreement among charities, a private builder and the Maharashtra government.

She has also addressed several Universities in the USA, such as Harvard, Columbia, Berkeley, and MIT, for the need to relate communal harmony to issues of social justices.

Shabana thrived and expanded the project "Mijwan Welfare Society" started by her father in Mijwan, a small "challenged village" in Uttar Pradesh, India where emphasis is placed on education and empowerment of women. We are extremely pleased to join hands with Shabana in this project to make a difference in one of the poorest regions with a very high infant mortality rate and birth rates, low female literacy and near absence of health and sanitation facilities. They have started 2 computer training schools, training center and "Sewa"; embroidery projects for women.

Shabana's accomplishments are countless and extremely commendable, however, her dedication to humanity is what makes her a special individual.

Mr. Speaker, Shabana Azmi, Javed Akhtar and Dr. Ketki Shah are all very special individuals who have made a remarkable difference in the global community. Together they have realized the benefits of volunteerism and self-help.

INDIA PLAYS THE VICTIM TO COVER UP ITS TERRORIST RECORD

HON. EDOLPHUS TOWNS

OF NEW YORK

IN THE HOUSE OF REPRESENTATIVES Wednesday, December 6, 2006

Mr. TOWNS. Mr. Speaker, last month, Indian Prime Minister Manmohan Singh publicly stated that India is the victim of cross-border terror. The Council of Khalistan under the leadership of Dr. Gurmit Singh Aulakh wrote to Prime Minister Singh and reminded him that India has been sponsoring cross-border terrorism in Sindh, a province of Pakistan, as the Washington Times reported on January 2, 2002 and that according to India Today, which is the leading news magazine in India, the Indian government created the Liberation Tigers of Tamil Eelam, which the U.S. government has identified as a terrorist organization.

It has also sponsored domestic terrorism against the minorities within its borders, including murdering a quarter of a million Sikhs and holding another 52,000 as political prisoners; killing Muslims by the tens of thousands in Kashmir, where more than 90,000 have been killed, Gujarat, where between 2,000 and 5,000 died in a massacre preplanned by the government, and elsewhere; killing Christians throughout the country, including over 300,000 just in Nagaland; and mass killing many other minorities. Yet India proclaims itself the victim of terrorism and proclaims itself a democracy. Well, Mr. Speaker, it certainly doesn't act that way.

The repression and terrorism must be stopped. We should end all aid and trade with India until such time as the repression ends and people enjoy the most basic human rights, and we should throw our full support behind self-determination in Punjab, Khalistan, in Kashmir, in Nagalim, and wherever people are trying to be free. The essence of democracy is the right to self-determination. In addition, we should designate India a terrorist state and impose the sanctions that that designation brings.

Mr. Speaker, I would like to insert the Council of Khalistan's open letter into the RECORD. It is a frightening record of Indian terrorism.

INDIA IS A TERRORIST STATE, NOT A VICTIM

DEAR PRIME MINISTER SINGH: On October 4, you said that India is a victim of cross-border terrorism. India is a terrorist state itself and should be subject to the penalties that are imposed on terrorist states.

On January 2, 2002, the Washington Times reported that India is supporting cross-border terrorism in Sindh, a province of Pakistan, the very same kind of thing that Prime Minister Singh was claiming is victimizing India. In addition, India's leading newsmagazine, India Today, reported that the Indian government created the Liberation Tigers of Tamil Eelam (LTTE), identified by the U.S. government as a terrorist organization, and its leaders were put up by the Indian government in the finest hotel in Delhi. How can you blame Pakistan when India started cross-border terrorism with its own actions?

The Indian government has committed terrorism against its own minorities. It has murdered over 250,000 Sikh infants, children, youth, men, women, and elderly since 1984, as well as more than 300,000 Christians in Nagaland, over 90,000 Muslims in Kashmir, tens of thousands of Christians and Muslims throughout the country, and tens of thousands of Assamese, Bobos, Dalits, Manipuris,